

Bhutan Druk Path Trek

Location: Paro to Thimphu, Bhutan **Duration:** 6 Days **Max altitude:** 4,210 m (Phume La) **Difficulty:** Moderate
Group size: 2–10 people

Overview

The Druk Path Trek is Bhutan's most popular trek — a short, scenic walk between Paro and Thimphu over the high ridges that separate the two valleys. The trail crosses several high lakes filled with trout, ancient lhakhangs and remote yak-herder camps. With clear-day views of Mt. Jomolhari, Tsherimgang and the Gangkar Puensum massif, this trek packs a lot of variety into just six days while showcasing Bhutan's mystical Buddhist atmosphere.

Highlights

- Cross 6 high passes between Paro and Thimphu
- Pristine alpine lakes — Jimilangtsho, Janetso
- Visit Phajoding Monastery
- Views of Jomolhari and Gangkar Puensum
- Bhutan's most accessible trek

Day-by-Day Itinerary

DAY 1 Paro arrival, sightseeing

2,200 m. Visit Rinpung Dzong and the National Museum.

DAY 2 Paro to Jele Dzong

3,480 m. Begin the trek with steep ascent.

DAY 3 Jele Dzong to Jangchulakha

3,780 m. Beautiful ridge walk with mountain views.

DAY 4 Jangchulakha to Jimilangtsho

3,870 m. Camp by Jimilangtsho Lake.

DAY 5 Jimilangtsho to Phajoding

3,750 m. Cross high pass to Phajoding Monastery.

DAY 6 Phajoding to Thimphu

2,300 m. Long descent into the capital.

What's Included

- ✓ Bhutan SDF (Sustainable Development Fee)
- ✓ Bhutan visa
- ✓ Trekking guide & camping crew
- ✓ Full tented camp setup with all gear
- ✓ All meals throughout trip
- ✓ Internal transport

What's Not Included

- ✗ International flights to Paro
- ✗ Travel insurance
- ✗ Personal expenses
- ✗ Tips for crew
- ✗ Souvenirs and bottled drinks

Travel Nepal • www.travelnepal.com • info@travelnepal.com • +977 1 4123456

This itinerary is indicative; final program is tailored to your dates and group.