

Bhutan Jomolhari Trek

Location: Paro Valley to Jangothang, Bhutan **Duration:** 10 Days **Max altitude:** 4,890 m (Nyile La pass)

Difficulty: Challenging **Group size:** 2–10 people

Overview

The classic Jomolhari Trek climbs to the dramatic basecamp of Mount Jomolhari (7,326 m), Bhutan's "Mountain of the Goddess". The trail showcases Bhutan's incredible biodiversity, ancient ruins of Drugyel Dzong, and the stunning Jangothang basecamp meadow with the towering north face of Jomolhari rising directly overhead. Cross Nyile La pass (4,890 m) and walk through traditional yak-herder country before descending back to civilisation.

Highlights

- Stand at Jomolhari Basecamp (Jangothang)
- Cross Nyile La pass (4,890 m)
- See Bhutan's sacred peaks Jomolhari & Tsheringang
- Stunning yak-pasture landscapes
- Traditional Layap herder culture

Day-by-Day Itinerary

DAY 1 Paro arrival

2,200 m. Welcome to the Land of the Thunder Dragon.

DAY 2 Paro sightseeing & Tiger's Nest hike

Day hike to Taktsang Monastery clinging to a cliff.

DAY 3 Paro to Sharna Zampa

2,870 m. Drive to roadhead, begin trekking.

DAY 4 Sharna Zampa to Soi Thangthangkha

3,610 m. Long forest walk along Paro Chhu.

DAY 5 Soi Thangthangkha to Jangothang

4,080 m. Reach the spectacular Jomolhari Basecamp.

DAY 6 Acclimatisation at Jangothang

Rest day with optional hike to Tshophu lake.

DAY 7 Jangothang to Lingshi via Nyile La

4,890 m / 4,010 m. Cross the high pass.

DAY 8 Lingshi to Shodu

4,100 m. Traditional Layap herder village trek.

DAY 9 Shodu to Barshong, drive to Thimphu

3,710 m. Final trekking day, then drive to capital.

DAY 10 Thimphu to Paro, departure

Final cultural sights and airport transfer.

What's Included

- ✓ Bhutan SDF & visa
- ✓ All-inclusive Bhutan tour
- ✓ Camping crew + horses
- ✓ Full meals
- ✓ 4-star hotel in Paro/Thimphu
- ✓ Internal transport

What's Not Included

- ✗ International flights
- ✗ Travel insurance
- ✗ Tips for guides & horsemen
- ✗ Personal trek gear
- ✗ Bar bills

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This itinerary is indicative; final program is tailored to your dates and group.