

Lobuche East Peak Climbing

Location: Khumbu Region, Solukhumbu **Duration:** 16 Days **Max altitude:** 6,119 m (Lobuche East summit)

Difficulty: Extreme **Group size:** 2–8 climbers

Overview

Lobuche East (6,119 m) is a popular but technically demanding climb in the heart of the Khumbu region, perfectly combined with the classic Everest Base Camp trek. The summit ridge is steep and exposed, providing a genuine alpine experience and stunning summit views directly across to Everest, Lhotse, Nuptse and the Khumbu icefall. A serious "trekking peak" that demands real climbing skill.

Highlights

- Summit Lobuche East (6,119 m)
- Combined with classic EBC trek
- Up-close views of Everest, Lhotse, Nuptse
- Technical alpine ridge climb
- Premium climbing experience

Day-by-Day Itinerary

DAY 1 Kathmandu arrival

Welcome briefing.

DAY 2 Fly to Lukla, trek to Phakding

2,610 m. Begin trek.

DAY 3 Phakding to Namche Bazaar

3,440 m.

DAY 4 Acclimatisation at Namche

Day hike to Everest View.

DAY 5 Namche to Tengboche

3,867 m.

DAY 6 Tengboche to Dingboche

4,410 m.

DAY 7 Acclimatisation at Dingboche

Rest day.

DAY 8 Dingboche to Lobuche

4,940 m.

DAY 9 Lobuche to Lobuche Base Camp

4,950 m. Set up base.

DAY 10 Pre-climb training at base camp

Skills practice.

DAY 11 Base Camp to High Camp

5,400 m.

DAY 12 Summit day! High Camp to summit, return to base

6,119 m.

DAY 13 Reserve / contingency day

Buffer.

DAY 14 Base Camp to Pangboche

Long descent.

DAY 15 Pangboche to Namche to Lukla

Continue descent.

DAY 16 Fly Lukla to Kathmandu

Departure.

What's Included

- ✓ NMA climbing permit & park fees
- ✓ IFMGA-certified climbing guide
- ✓ Group climbing equipment
- ✓ Teahouse + tent base camp
- ✓ All meals during expedition
- ✓ Lukla flights

What's Not Included

- ✗ International flights
- ✗ Personal climbing gear
- ✗ Travel insurance
- ✗ Nepal visa
- ✗ Tips for guides

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This itinerary is indicative; final program is tailored to your dates and group.