

Yala Peak Climbing

Location: Langtang Valley, Rasuwa **Duration:** 12 Days **Max altitude:** 5,520 m (Yala Peak summit)

Difficulty: Challenging **Group size:** 2–10 climbers

Overview

Yala Peak (5,520 m) is one of Nepal's most accessible "first climbs" — a non-technical summit in the breathtaking Langtang valley. With a comparatively short approach and minimal technical demands, Yala is ideal for trekkers wanting their first taste of mountaineering. From the summit, gaze at Langtang Lirung, Shishapangma (the only 8,000 m peak entirely in Tibet) and the Langtang range stretching into the Himalayan distance.

Highlights

- Summit Yala Peak (5,520 m / 18,110 ft)
- Langtang valley — Nepal's nearest mountain region
- Non-technical first-time climb
- View Shishapangma (8,027 m)
- Langtang Tamang culture

Day-by-Day Itinerary

DAY 1 Kathmandu arrival & briefing

Trip prep.

DAY 2 Drive Kathmandu to Syabrubesi

1,460 m.

DAY 3 Trek Syabrubesi to Lama Hotel

2,470 m.

DAY 4 Lama Hotel to Langtang Village

3,430 m.

DAY 5 Langtang to Kyanjin Gumpa

3,870 m.

DAY 6 Acclimatisation hike at Kyanjin

Tserko Ri viewpoint.

DAY 7 Kyanjin to Yala Peak Base Camp

4,800 m.

DAY 8 Pre-climb training at base camp

Practice skills.

DAY 9 Summit Yala Peak, return to base

5,520 m.

DAY 10 Base Camp to Lama Hotel

Long descent.

DAY 11 Lama Hotel to Syabrubesi, drive to Kathmandu

Final descent + drive.

DAY 12 Departure

Airport transfer.

What's Included

- ✓ NMA climbing permit
- ✓ Climbing guide
- ✓ Group equipment
- ✓ Teahouses + base camp tents
- ✓ All meals during trek/climb
- ✓ Kathmandu transfers

What's Not Included

- ✗ International flights
- ✗ Personal climbing gear
- ✗ Travel insurance
- ✗ Nepal visa
- ✗ Tips

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This itinerary is indicative; final program is tailored to your dates and group.